

COMMENCING A TRIAL WITH PENDER'S GROVE PRIMARY, T2 2017! AVAILABLE ON MONDAY, WEDNESDAY, THURSDAY and FRIDAY's! A Two Course Lunch is \$8.65 and a Three Course Lunch is \$10.25

# LUNCH ITEM ONE

# SALADS

Greek Style Salad with Feta and Olives (GF) Brown Rice & Mixed Bean Salad (GF) Pic(k)nic Box – Vegetarian (GF) Pic(k)nic Box with Ham (GF)

#### SUSHI

Sushi - Teriyaki Chicken Hand Rolls (2) Sushi - Cooked Tuna Hand Rolls (2) Sushi - Avocado Hand Rolls (2) Sushi - Cucumber Hand Rolls (2) Sushi – Vegetarian Hand Rolls (2)

#### BAKERY

Cheese and Bacon Roll Cheese and Vegemite Scroll Supreme Pizza Roll Topped with Only Cheese Roll

# **PITA PIZZAS**

Margherita Pita Pizza Ham and Pineapple Pita Pizza Fresh Tomato and Italian Herb Pita Pizza Spinach & Feta Pita Pizza

# SANDWICHES, ROLLS & WRAPS

Ham, Cheese and Tomato Sandwich Turkey, Cranberry, Lettuce and Cheese Sandwich Ham and Cheese Roll Gluten Free Ham & Cheese Sandwich (GF) Simple Salad Roll Vegemite Sandwich Mild Salami and Salad Roll Beetroot and Salad Roll Roast Beef, Fruit Chutney, Cheese and Lettuce Roll Cheese and Salad Roll Wholegrain Cheese and Tomato Sandwich WRAP (GF) Ham and Salad Chicken and Salad Roll

# LUNCH ITEM TWO/THREE

# **FRESH FRUIT & VEG**

Fresh Fruit Combo Freshly chopped Orange Segments Freshly chopped Strawberries with Grapes Apple with Lemon Juice, Brown Sugar & Cinnamon Chopped Carrot, Cucumber, Red & Yellow Capsicum Lightly Steamed Corn Wheels & Broccoli pieces Cherry Tomatoes with Tasty Cheese & Rice Crackers Whole Banana with Chocolate Dipping Sauce

#### **BAKED GOODS**

Choc Chip Cookie Chocolate Brownie Bites White Choc & Sultana Cookie Hedgehog Slice Finger Bun with Sprinkles Fruit Bun Banana Cup Cake (GF, DF) Iced Cup Cake Choc Cup Cake (GF,DF) Blueberry Muffin Apple & Cinnamon Cake Cranberry Freedom Foods Bar (GF)

# YOGHURT

Chobani Yoghurt - Raspberry Chobani Yoghurt - Blueberry Chobani Yoghurt - Mango Chobani Yoghurt - Plain

# **DIPS & CRACKERS**

Tzatziki dip with Rice Crackers Avocado dip with Rice Crackers Spring Onion dip with Rice Crackers

# POPCORN

Cobs Popcorn, Lightly Salted Cobs Popcorn Slightly Sweet, Lightly Salted

#### DRINKS

Extra Juicy Apple Juice Extra Juicy Orange Juice Nippy's Chocolate Milk

For more information check out our website WWW.Classroomcuisine.com.au